

**Scenario 1**

Mia has been looking forward to having some cookies all morning long. Mia finally comes to get her snack, but Jeremy is already eating the cookies and there is only one left.

**STOP**

How do you think Mia might feel? (Upset; disappointed; sad)

What should Mia do first so they can solve the problem? (Stop and calm down)

What could she do to calm down? (Take a deep breath, count to ten)

**TALK**

Once Mia stops and calms down, she and Jeremy can talk about the problem.

What do you think Mia wants? (The cookies)

What do you think Jeremy wants? (The cookies)

What is the problem that Mia and Jeremy have? (They both want to eat the cookies)

**THINK, TRY**

Mia and Jeremy both want to eat the cookies. What could they do to solve this problem? (Jeremy could give the last cookie to Mia because he already had some; they could split the last cookie; they could find another snack)

**Scenario 2**

Kayla is pulling Gabriel in a wagon but he wants to slow down. When Kayla finally stops the wagon to turn it around, she says, "That was fun—let's go faster next time!"

**STOP**

How do you think Gabriel feels? (Scared; angry)

What should Gabriel do first so they can solve the problem? (Stop and calm down)

What could he do to calm down? (Take a deep breath; take a break for a minute)

**TALK**

Once Gabriel stops and calms down, he and Kayla can talk about the problem. What do you think Gabriel wants? (To go slow)

What do you think Kayla wants? (To go fast)

What is Gabriel and Kayla's problem? (They like to go at different speeds)

**THINK, TRY**

Kayla wants to go fast but Gabriel doesn't like that. What can they do to solve this problem? (Kayla could go more slowly; Gabriel could pull Kayla instead; they could play something different that they both like)